

# Taekwondo

## After school at Nixon for Grades 1-5!

- Maximize your abilities and build confidence
- Develop great athletic skills for all sports
- Learn from Korean National Taekwondo Team Captain, Wooksang Roh



**When:** Mondays, 2:30 – 3:40 pm

Jan 9, 23, 30; Feb 6, 13, 27; March 5, 12, 19, 26; April 9, 16, 23, 30; May 7, 14, 21

**Where:** Nixon lower grass, near playground

**Fee:** \$285

**Bring:** Water bottle and sunscreen. Wear sneakers and comfortable clothing.

**Registration:** To reserve a spot, e-mail [wooksangroh@gmail.com](mailto:wooksangroh@gmail.com). Then send completed registration form and payment to the address

See [www.paloaltotaekwondo.com](http://www.paloaltotaekwondo.com) for more information.  
Enrollment is limited. Registrations taken in order received.